

# Loose Expressive Watercolour Painting

## Suggested Equipment

Please find below a list of suggested equipment for my Spirit of the Sea workshop. **DO NOT WORRY** if you don't have exactly the same colours, paper or brushes etc, my list is only a suggestion. It would be useful however to bring along the items from the Extra Non Watercolour Brushes and Miscellaneous Equipment lists at the bottom of the page; I'm sure you will have a vast majority of these already and any you don't can be purchased very cheaply.

## Paint

I like to use tubes rather than pans as this allows me to get lots of juicy pigment onto my brushes with ease. If you do work with pans I would stick to artists quality paint as this tends to be moister than student quality brand pans.



# Suggested Colours

## Windsor & Newton Cotman Range

### Earth Colours

Raw Sienna PR101 • PY42

Burnt Sienna PR101

Burnt Umber PBr7 • PY42

Light Red PR101

### Reds

Alizarin Crimson Hue PR206

### Blues

Ultramarine PB 29

Intense Blue PB15

### Yellows

Lemon Yellow Hue PY175

Gamboge Hue PR209 • PY150

### Neutrals

Paynes Grey PB15 • PB29 • PBk7

# Paper

If possible please bring along loose sheets of paper this will allow you to cut them into the different shapes and formats.



I prefer using a 140lb (300gms) NOT surfaced paper which I find to be very versatile and suitable for both smooth washes and dry brush work. I personally use Fabriano Artistic Extra White but any NOT surfaced paper would do including Bockingford which I also use on occasions. I do tend to stick with white papers rather than traditional white in order to keep my colours pure, clean and bright. I prefer 140lb paper to heavier alternatives as I like my work to dry relatively quickly and enjoy working at the speed of the natural drying cycle of the paper.

Try to avoid expensive papers as they may inhibit experimentation and chance taking when you paint.

For the workshop you may also wish to bring along a few old paintings or scrap pieces of paper to use for the warm up exercise and for sketching and practicing. A good quality sketch book or some heavy sheets of cartridge paper could also be used for this purpose.

## Brushes



## Watercolour Brushes

You will need three types of watercolour brushes for the workshop.

1. A wash brush this could be a Hake a mop brush or large goat hair, synthetic or sable brush. I tend to use a hake or large goat haired calligraphy brush for my washes.
2. A brush capable of forming a reasonable point to create shapes. I tend to use a goat haired calligraphy brush for this but a sable or synthetic watercolour brush would work just as well.
3. A brush that can create lines and fine marks. I use a rigger or a small sword liner for this purpose.
4. A 1Inch Flat Brush there are many different types of this brush the one I use is illustrated below.



## Extra Non Watercolour Brushes

In addition to your watercolour brushes we will also be using some non conventional brushes in the workshop these will include:

1. An old toothbrush
2. A cheap ¼ inch or ½ inch decorators brush
3. An old acrylic bristle brush, round or flat

## Other Miscellaneous Equipment

- A soft pencil 4b is ideal
- Watercolour pencils or intense sticks (Please don't buy specifically for this workshop)
- Masking tape
- A palette knife
- A large water pot (I use a paint kettle from a hardware store)
- A board to tape your paper to
- Wax candle or white oil pastel
- A hair dryer
- A stick
- A natural sponge
- A palette

### Palette

I use a plastic tray palette as shown below; this is basically a plastic butcher's tray without any compartments for individual colours. I have a couple spare for you to borrow if you would like to try using one. Alternatively you could simply use a white dinner plate. Working with a palette of this kind encourages the use of full washes rich with pigment.

